

Spot Registration 8:00 am- 9:00 am

S. No	Time	Topics	Presenter	Chairperson
	8:45-9:00	Welcome Speech	Ms. Nooma Sharma	
	9:00-9:30	Welcoming of the Guests, Felicitation and Candle Lightning		
SESSION 1				
1.	9:30-9:45	Stroke Overview	Ms. Nooma Sharma (NNC)	Dr. Raju Paudel Dr. Avinash Chandra Ms. Padma Rai
2.	9:45-10:00	Acute Stroke Care and Thrombolysis	SN Saru Shrestha (GIHER)	
3.	10:00-10:15	Cerebral Revascularization-Towards a Comprehensive Management	Dr. Paawan Bahadur Bhandari (Shree Birendra Hospital)	
4.	10:15-10:30	Neurosurgical Stroke Care in Shree Birendra Hospital- A Nurse's Perspective	Ms. Poonam Pantha	
5.	10:30-10:45	Role of Nurses / NIHSS training (Virtual)	Sonu Thakuri/ Jessica Golenia (Germany)	

Question and Answers session/Discussion (10:45-11:15)

SESSION 2

6.	11:15-11:30	From Stroke Care to Stroke Cure: A Paradigm Shift	Dr. Kalpana Sharma	Dr. Lekhjunga Thapa Dr. Subash Phuyal Ms. LD Maharjan Ms. Nani Shova Shakya
7.	11:30-11:45	Cardiac Intervention for Stroke Prevention	Dr. Chandra Mani Adhikari (Shahid Gangalal Hospital)	
8.	11:45-12:00	Self-care Management of Stroke Patients	Pratikshya Pant	
9.	12:00-12:15	Comprehensive Nutritional Assessment for Stroke Patients	SN Hira Dongol (GIH)	
10.	12:15-12:45	The Importance of Nursing in Stroke Care (Virtual)	Dr. Christine Tunkl (University of Heidelberg, Germany)	

Question and Answers session/Discussion (12:45-01:15)

Lunch Break (01:15-02:15)

SESSION 3

11.	02:15-02:30	Awareness regarding Preventive Measures for Stroke Among Hypertensive Patients Attending a Private Hospital	Dr. Rosy Shrestha, Nursing Director and Campus Chief (B & B Hospital)	Prof. Dr. JP Agrawal Dr Pankaj Jalan Dr. Ashish Dutta Dr. Manju Gyawali
12.	02:30-02:45	Cognitive and Emotional Changes Post-stroke (Virtual)	Dr. Shanti Shankar, UK	
13.	02:45-03:00	Caring Model Incorporation Yoga for Promoting Physical Recovery Among Hospitalized Stroke Patients	Dr. Kalpana Poudel	
14.	03:00-03:15	Hemiplegic Shoulder Pain	PT Matina Manandhar (NNC)	
15.	03:15-03:30	Post-Thrombolysis and ICU Care of Stroke Patients	Dr. Raju Paudel (GIH)	
16.	03:30-03:45	Stroke Nurse: Why, Where, and How should I begin?	Dr. Lekhjunga Thapa (NNC)	

Question and Answers session/Discussion (03:45-04:15)

Closing Ceremony (04:15-04:45)

Cultural Program with Snacks (04:45-05:45)